




SARATOGA COUNTY DEPARTMENT OF AGING & YOUTH SERVICES-July 2024
GATHER & DINE/HOME DELIVERED MEALS 518-363-4020

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pulled BBQ Pork on Roll Cabbage Carrots SF Oatmeal Cookies	2 Orange Ginger Chicken Rice Pilaf Asian Blend Vegetables WW Dinner Roll Yogurt	3 July 4 Special Hot Dog w/Meat Sauce on Bun Baked Beans Warm Potato Salad Frosted Patriotic Cake	4 Closed 	5 Beef Pot Roast w/Gravy Mashed Potatoes Broccoli Mandarin Oranges
8 Salisbury Steak w/Gravy Egg Noodles Carrots WW Dinner Roll Fruit Cocktail	9 Sliced Roast Pork w/Gravy Mashed Potatoes Spinach Applesauce	10 Stuffed Shells w/Meat Sauce Vegetable Trio Warm Peach Crisp Fruit & Nut Mix	11 Chicken w/Curry Cream Sauce Rice Pilaf Peas & Carrots WW Dinner Roll Mandarin Oranges	12 LS Ham & Swiss Cheese on Bun Mustard Coleslaw Marinated Green Beans Banana
15 Italian Sausage w/Peppers & Onions on Roll Spinach Warm Cranberry Crisp Applesauce	16 BBQ Chicken Home Fries Vegetable Trio WW Dinner Roll Yogurt	17 Breaded Fish w/Tarragon Sauce Orzo Pasta Peas & Carrots Pears	18 Spanish Chicken & Rice Broccoli Warm Berry Crisp Graham Crackers	19 Goulash Yellow Squash Green Beans Corn Muffin Fruit Cocktail
22 Chicken w/ Lemon Sauce Orzo Pasta California Blend Vegetables WW Dinner Roll Peaches	23 Mushroom& Onion Smothered Beef Patty w/ Gravy Mashed Potatoes Beets Mandarin Oranges	24 Tuna Salad on Bun Macaroni Salad Tomato & Cucumber Salad LS Potato Chips Banana	25 Beef & Vegetable Rice Pilaf Green & Wax Beans Pears	26 Chicken Bacon Mac & Cheese Broccoli Butternut Squash Yogurt
29 Seafood Cake w/Dijon Sauce Mashed Sweet Potatoes Beets Applesauce	30 Bourbon Chicken Red Bliss Potatoes Vegetable Trio WW Dinner Roll Shortbread Cookies	31 Birthday Special Meat Lasagna Zucchini & Yellow Squash Green Beans Frosted Cake 		

Menu Subject To Change

Coffee, Tea and Butter are served daily at sites. If you have a food allergy, please notify our staff. Allergen information for the menu is available. Please contact Saratoga County Department of the Aging & Youth Services for more details. The suggested contribution is \$2 per meal. There is a \$8 fee for guests under the age of 60. Please make checks payable to: **Saratoga County Treasurer, c/o Saratoga County Department Of Aging & Youth Services, 152 West High Street, Ballston Spa, NY 12020**