

Home Delivered Meals

The Home Delivered Meal Program provides nutritious meals to qualifying, home-bound seniors throughout Saratoga County.

This important program helps many seniors, age 60 and older, remain independent in their homes by providing them with a nutritious ready-to-eat lunch each weekday.

Meals are delivered by volunteers Monday through Friday at lunch time.

For more information, please call 518-884-4100.

NY Connects

Do you need additional assistance? NY Connects is a trusted place to go for free, unbiased information about long-term services and supports in New York State for people of all ages or with any type of disability.

NY Connects staff can work with anyone who needs information about long-term services and supports for people of all ages or with any type of disability. This includes information for children or adults with disabilities, older adults, family members, caregivers, friends, neighbors, veterans, and helping professionals.

Contact NY Connects of Saratoga County at 1-800-342-9871 or 518-714-4826.

About Us

The Saratoga County Board of Supervisors and the Saratoga County Department of Aging & Youth Services are committed to assisting our older citizens to remain in their homes and to actively participate in family and community life. The Saratoga County Department of Aging & Youth Services provides services for seniors throughout the County of Saratoga. These services create opportunities for active older people and meet the needs of those at risk of losing their independence. Older people have access to information and referral services, transportation, job and volunteer opportunities, Gather and Dine and Home Delivered Meals as well as case management and in-home services.

Contact Us

Saratoga County Department of
Aging & Youth Services
152 West High St
Ballston Spa, NY 12020
518-363-4020
aging@saratogacountyny.gov

Follow us on Facebook
@saratogacountyOFA

The Saratoga County Department of Aging and Youth Services is funded under Title III of the Older Americans Act, as amended, the New York State Office for the Aging, and the County of Saratoga.

7.2024

Saratoga County *Gather & Dine* Senior Nutrition Program



Gather with friends, meet new people, and enjoy a delicious hot meal at a site near you in Saratoga County.



SARATOGA COUNTY

NEW YORK

Aging & Youth Services

About Gather & Dine

The Saratoga County Senior Nutrition Program is a great way to have a delicious meal and to socialize with other seniors.

Lunch is served at noon, Monday through Friday, at Gather & Dine sites throughout the County.

Monthly menus are posted on the Saratoga County Department of Aging & Youth Services website.

www.SaratogaCountyNY.gov/DAYS

There are a few simple rules:

- You must be age 60 or older to participate.
- You must complete and submit a registration form annually.
- **Reservations are required each day.** You are responsible for signing up with the meal site manager in person or by calling the meal site at least one day in advance by noon.
- All food and beverages must be consumed in the dining area.
- Food and beverages cannot be taken out.
- Guests under the age of 60 are allowed to eat with the program for an \$8 fee, only if they are accompanied by a senior. Guests must follow the same requirements as regular participants.
- A monthly letter is sent to participants that suggests a \$2 per meal contribution. However, no one age 60 or older will be denied a meal because of inability or unwillingness to contribute.

Gather & Dine Sites

Clifton Park

Clifton Park Senior Community Center
6 Clifton Commons Ct, Clifton Park
518-383-1343 ext. 1243

Corinth

Corinth Senior Center
22 Hamilton Ave, Corinth
518-654-2040

Galway

Galway Town Hall
5910 Route 147, Galway
518-921-8766

Halfmoon

Halfmoon Senior Center
287 Lower Newton Rd, Waterford
518-371-3892

Mechanicville

Mechanicville Senior Center
178 N. Main St, Mechanicville
518-664-9884 ext. 317

Milton

Milton Community Center
310 Northline Rd, Ballston Spa
518-228-3952

Moreau

Moreau Community Center
144 Main St, South Glens Falls
518-792-6007

Saratoga

Saratoga Springs Senior Center
290 West Ave, Suite 1, Saratoga Springs
518-884-4100



Seniors taking part in the Charlie & the Chocolate Factory theme at the 2023 Senior Luncheon

Special Events

The Saratoga County Department of Aging and Youth Services holds an annual Senior Luncheon each spring and an annual Senior Picnic each fall. These events are highly anticipated by seniors throughout the County. Both events feature a delicious lunch, music, and dancing. The Senior Luncheon has a different festive theme each year.

Learn more about these events on our website or follow us on Facebook to keep up to date on these and other events.



Seniors dancing at the 2022 Senior Picnic