

Saratoga County

Home Delivered Meals Senior Nutrition Program



We deliver smiles and a delicious, nutritious meal right to your door!



EST.

1791

SARATOGA COUNTY

NEW YORK

Aging & Youth Services

152 West High St
Ballston Spa, NY 12020
518-363-4020

aging@saratogacountyny.gov
Facebook @saratogacountyOFA

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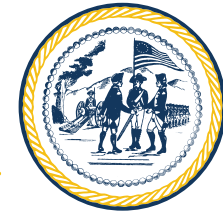
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Home Delivered Meals

The Home Delivered Meal Program provides nutritious meals to qualifying, home-bound seniors throughout Saratoga County.

If you're age 60 or older and home-bound, you may qualify to receive a nutritious ready-to-eat lunch each weekday, helping you to remain independent in your home. Volunteers deliver meals Monday through Friday at lunch time.

Participants receive a monthly letter suggesting \$2 per meal contribution. No one is denied a meal because of inability or unwillingness to contribute.

Gather & Dine

If you're able to get out and about, join us at a Gather & Dine location! Lunch is served at noon, Monday through Friday, at sites throughout the County. Learn more and view menus on our website.
www.SaratogaCountyNY.gov/DAYS

NY Connects

Do you need additional assistance? You can get help with your long-term services and support needs through NY Connects.

NY Connects staff can work with anyone who needs information about long-term services and supports for people of all ages or with any type of disability. This includes information for children or adults with disabilities, older adults, family members, caregivers, friends, neighbors, veterans, and helping professionals.

Contact NY Connects of Saratoga County at 1-800-342-9871 or 518-714-4826.

The Saratoga County Department of Aging and Youth Services is funded under Title III of the Older Americans Act, as amended, the New York State Office for the Aging, and the County of Saratoga.

7.2024

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