

About Us



Saratoga County Department of Aging and Youth Services can provide you with information about opportunities and services available to the 60 and over population. Many services are of no cost to seniors. Seniors do have an opportunity to contribute to services they receive.

Saratoga County Department of Aging and Youth Services is funded under Title III of the Older Americans Act, as amended, the New York State Office for the Aging and the County of Saratoga.

Contact Us

If you would like to make a referral or would like some more information, please contact:

Saratoga County Department of Aging and Youth Services

152 West High Street
Ballston Spa, NY 12020
Phone:(518)884-4100
Fax:(518)884-4104

WWW.SARATOGACOUNTYNY.GOV



NY Connects
Your Link to Long Term
Services and Supports

of SARATOGA COUNTY

(800) 342-9871 (518) 714-4826

Senior Services

Saratoga County Department of Aging and Youth Services



**SARATOGA
COUNTY** NEW YORK

Department of Aging & Youth Services

Senior Services

NY CONNECTS

NY Connects serves as one of the integral components of New York State's efforts to rebalance the long term services and support system through its emphasis on community based services and supports and person-centered approach. NY Connects is a locally based "No Wrong Door" system that provides one stop access to free, objective, comprehensive information and assistance for people of all ages needing long term services and supports. The program links individuals of all ages to long term services and supports regardless of payment source; whether it be private pay, public or a combination of both.

CAREGIVER SUPPORT

The Department of Aging and Youth Services assists caregivers through various services including counseling, information about support group meetings, and respite care services and resources.

CASE MANAGEMENT

Caseworkers from The Department of Aging and Youth Services can assist seniors age 60 or older gain access to and coordinate appropriate services, benefits, and entitlements. Caseworkers work directly with clients and families in their homes and by phone. Translation services are provided for those with limited English proficiency. Caseworkers provide assessment, care planning, arranging for services, follow-up, and monitoring for a wide range of topics.

EMERGENCY RESPONSE SYSTEM

An emergency response system is a wearable electronic device designed to assist seniors to summon help in the event of an emergency. We provide these devices on a limited basis at no cost to eligible seniors.

HEALTH INSURANCE INFORMATION COUNSELING & ASSISTANCE PROGRAM (HIICAP)

The Health Insurance Information, Counseling and Assistance Program (HIICAP) is a free and unbiased

service provided by trained staff and volunteers. HIICAP counselors assist with understanding, comparing, and choosing Original Medicare, Medicare Advantage plans, Medigap plans and Medicare Savings Program, and the Low-Income Subsidy (Extra Help). Services are provided by phone or in-person with a scheduled appointment.

HOME ENERGY ASSISTANCE PROGRAM (HEAP)

Home Energy Assistance Program (HEAP) is a federally funded program that can help low income people contend with the high cost of heating their homes during the winter months. HEAP provides a one-time regular benefit per heating season, which is credited to your heating account. Persons age 60 or older or deemed disabled may apply for a regular benefit by mail through the Department of Aging and Youth Services. There are income eligibility requirements for this program. Emergency benefits may also be available at certain times of the year.

INFORMATION AND ASSISTANCE

The Department of Aging and Youth Services provides information to the public about services available to individuals age 60 or older. Information is available upon request by calling the Department of Aging and Youth Services at (518) 884-4100 or by accessing our web page.

IN-HOME SERVICES

In-home services and supports program are funded under the Expanded In-home Services for the Elderly Program (EISEP). It is a coordinated package of non-medical services and supports developed from an assessment to assist older adults who need help with Activities of Daily Living such as dressing, bathing, personal care, and Instrumental Activities of Daily Living like shopping and cooking. All enrollees must be 60 years or older and will receive case management. A financial assessment must first be performed. The cost for these services is on a sliding fee scale determined by income level. Private contributions are accepted through cost sharing, which begins at 150% of the poverty level. The amount of cost sharing increases proportionately with income. Also, if it is concluded that you appear to qualify

for low income programs (example: Medicaid), you will be encouraged to apply for these programs.

NUTRITION SERVICES

The Saratoga County Senior Nutrition Program provides healthy, hot meals to home bound seniors through our Home Delivered Meal Program. We also offer a Gather & Dine Meal Program where seniors can dine at one of eight meal sites located throughout the County.

LEGAL ASSISTANCE

Legal services (Wills, Power of Attorney, Health Care Proxy) are available to Saratoga County Seniors age 60 or older through a contract with a private attorney. The attorney does not participate in litigation or attend court on behalf of clients. Appointments are required.

RETIRED SENIOR VOLUNTEER PROGRAM (RSVP)

RSVP, under AmeriCorps Seniors, helps empower Americans age 55 and older to serve in their communities. We help match skills, experience and talents of volunteers with a network of organizations committed to the betterment of America.

INCOME TAX PREPARATION

During the tax season, trained volunteers can assist clients with tax preparation at no cost. This service is by appointment only.

TRANSPORTATION

The Department of Aging and Youth Services offers and supports many different contribution based transportation services in Saratoga County for those who may qualify. Transportation can be used to and from medical appointments, grocery shopping, and other destinations. Available to residents 60 and over.