



PRESS RELEASE

FOR IMMEDIATE RELEASE

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SARATOGA COUNTY DEPARTMENT OF AGING & YOUTH SERVICES ANNOUNCES INAUGURAL CAREGIVERS CONFERENCE TO EMPOWER AND SUPPORT CAREGIVERS

Ballston Spa, NY – Saratoga County Department of Aging and Youth Services is encouraging caregivers in the County to save the date for its Caregivers Conference on Saturday, November 16, 2024, at the Holiday Inn in Saratoga Springs.

The conference, entitled “A Guide to Caregiving,” will bring together caregivers, healthcare professionals, and experts from various fields to share knowledge, resources, and experiences to empower, educate, and support caregivers.

The conference is designed for caregivers or family members and will offer valuable insights and practical tools to help long-term caregivers and those who are new to the role to thrive in their caregiving journey.

Caregivers play a critical role in the lives of our older generations, to those with disabilities, and in the healthcare system, often providing essential care and support to loved ones with little recognition or resources. The Saratoga County Department of Aging and Youth Services aims to address this by offering a comprehensive program that includes keynote presentations, workshops, and networking opportunities, all designed to equip caregivers with the tools and knowledge they need to navigate their challenging roles.

Registration information will be posted on the Saratoga County website closer to the event date.

To learn more about the Caregivers Conference, please contact the Saratoga County Department of Aging and Youth Services at 518-884-4100 or visit the department’s webpage on the Saratoga County website at www.saratogacountyny.gov.

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