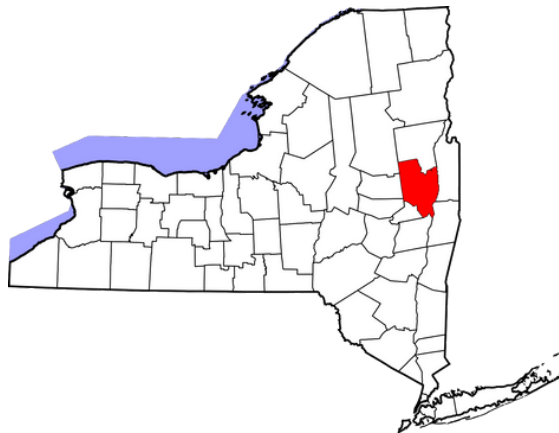




SARATOGA COUNTY EST. 1791

Department of Health

MENTAL HEALTH & SUBSTANCE USE DISORDER RESOURCE GUIDE



Saratoga County, New York

**PUBLISHED BY THE SARATOGA COUNTY DEPARTMENTS OF HEALTH
AND MENTAL HEALTH & ADDICTION SERVICES.**



UPDATED SEPTEMBER 2024



This is a directory of mental health and substance use disorder treatment programs and services for residents of Saratoga County, New York. This is by no means a complete listing of all organizations within the county.

The listing of an organization in this directory does not imply an endorsement of its purpose or quality, nor does omission signify disapproval.

For a list of all providers in New York, please visit:

[Mental Health Program Directory](#)

**[Substance Use Disorder
Treatment Availability Dashboard](#)**

**[Substance Use Disorder
Treatment Centers in New York](#)**

If you are not currently listed in the resource guide, but would like to be included in the next update, please submit your request to ed@saratogacountyny.gov.



Scan the QR code to view the most recent version of the resource guide.

**PUBLISHED BY THE SARATOGA COUNTY DEPARTMENTS OF HEALTH
AND MENTAL HEALTH & ADDICTION SERVICES.**





Immediate Crisis Resources

If you or someone you know is in a life-threatening emergency, call 911 immediately.

Crisis Textline

Text HOME to 741741 to connect with a volunteer crisis counselor.

LGBT National Youth Talkline

1-800-246-7743

LGBT National Senior Hotline

1-888-234-7243

The New York State HOPEline

Call 1-877-8-HOPENY(467369) or text HOPENY (467369).

SAMHSA National Helpline

**Treatment referral and information services.
Text your 5-digit ZIP Code to 435748 (HELP4U).**

211 Information & Referral

Call 211 for mental health, substance use, crisis and emergency assistance, housing services, food assistance & more.

988 Suicide & Crisis Lifeline

Call or text 988 or chat [988lifeline.org](https://www.988lifeline.org) if you or a loved one are in need of suicide crisis or mental health support.





Agencies in this directory are listed alphabetically.

Adirondack Health Institute (AHI)

Adirondack Vets House

Alliance for Positive Health -AIDS Council of NENY

Alzheimer's Association Helpline

American Foundation for Suicide Prevention (AFSP) Capital Region

Backstretch Employee Service Team (BEST)

Ballston Area Community Center

Baywood Center

Big Brothers Big Sisters of the Capital Region

Capital Counseling

Capital District Behavioral Health

Capital District Physicians' Health Plan, Inc

Capital District Psychiatric Center

Capital District YMCA

Captain Community Human Services

Catholic Charities –Saratoga County

Center for Recovery

Champlain Valley Physicians Hospital (CVPH) Child & Adolescent Psychiatry

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Chelsea Place Psychological, PLLC

Clearwater Counseling

Community Hospice

Conifer Park

Coordinated Opioid & Stimulant Treatment





Agencies in this directory are listed alphabetically.

CPR Certification

ECS Psychological Services

Ellis Hospital

First Aid and Safety Training

First Responder Resources

Four Winds Hospital

Fusion Recovery

Glens Falls Center for Children and Families

Healing Springs

Heroin Anonymous

Helplines

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National Alliance for the Mentally Ill (NAMI)

New Choices Recovery Center





Agencies in this directory are listed alphabetically.

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- New Paradigm Psychological Services, PLLC**
- New York Child Psychiatry**
- NY Presbyterian Hospital -Center for eating disorders**
- Northeast Problem Gambling Resource Center**
- Northeast Psychological Associates**
- Northern Rivers**
- Office of Addiction Services and Supports (OASAS)**
- Office of Mental Health (OMH)**
- Osika and Scarano Psychological Services**
- Parsons Behavioral Health Centers**
- Parsons Home Based Crisis Intervention (HBCI)**
- Parsons OnTrack NY**
- RISE Housing and Support Services**
- Saratoga Center for the Family**
- Saratoga Community Health Center**
- Saratoga Counseling Solutions**
- Saratoga County Alcohol & Substance Abuse Services**
- Saratoga County Department of Mental Health & Addiction Services**
- Saratoga County Personalized Recovery Oriented Services (PROS)**
- Saratoga County Veterans Service Agency**
- Saratoga Hospital**
- Saratoga Mentoring -A program of Catholic Charities**
- Saratoga Psychological Associates**
- Saratoga Regional YMCA**
- Saratoga Stress Reduction Program**





Agencies in this directory are listed alphabetically.

Second Chance Opportunities

Sharps Disposal Kiosks

SPARC Saratoga- St. Peter's Addiction Recovery Center

St. Peter's Addiction Recovery Services

Test Strips: Fentanyl & Xylazine

**The NYS Community Health Access to Addiction & Mental Healthcare Project
(CHAMP)**

The Prevention Council

Therapeutic Horses of Saratoga

Tobacco and Vaping Resources

True North

Turning Leaf Mental Health Counseling SVCS. PLLC

Union Street Counseling

Wellspring





Icon Index

-  **MH** Services for Mental Health
-  **SUD** Services for Substance Use Disorder
-  **A** Services for Alcohol Dependence
-  Services for Veterans
-  Services for Children
-  Services for Families
-  Services for Seniors
-  **LGBTQIA+** Services for the LGBTQIA+ Community
-  Services for Individuals with Disabilities
-  Services for Housing
-  **I** Inpatient Treatment
-  **O** Outpatient Treatment



MENTAL HEALTH & SUD RESOURCES

Adirondack Health Institute (AHI)

Adirondack Health Institute is a team of mission-driven professionals partnering with regional health care providers and community-based organizations to improve health care, lower costs and realize a healthier future for the Adirondack region. They coordinate medical and behavioral health care by connecting community and social supports with health care for high-risk Medicaid members with: HIV/ AIDS, or a serious persistent mental illness, or two or more other chronic conditions.

Phone:
(518) 480-0111

Address:
100 Glen St. Suite 1A;
Glens Falls, NY 12801



Website:
www.ahihealth.org

Adirondack Vets House

Adirondack Vets House is a non-profit longer-term facility for homeless veterans. The location of the house is within walking distance to the VA medical clinic for medical or psychological assistance if needed. All other appointments that are not in the approximate area can be arranged through a VA van service to accommodate their specific needs.

Phone:
(518) 793-6545

Address:
26 Pine St.
Glens Falls, NY 12801



Website:
www.adirondackvetshouse.com



MENTAL HEALTH & SUD RESOURCES

Alliance for Positive Health -AIDS Council of NENY

The Alliance for Positive Health provides care coordination for people with chronic diseases including HIV/AIDS, diabetes, hypertension, heart disease, obesity, serious mental illness, substance use and asthma.

Phone:
(518) 434-4686
Albany

(518) 743-0703
Glens Falls

Address:
927 Broadway,
Albany, NY 12207

13 Chester St,
Glens Falls, NY 12801



Website:
www.allianceforpositivehealth.org

Alzheimer's Association Helpline

The Alzheimer's association offers help and support for those who care for someone with Alzheimer's, those who have Alzheimer's, and the community. The 24/7 Helpline connects callers with care specialists and master's-level clinicians which provide reliable information and support all day, every day.

Phone:
(800) 272-3900



Website:
www.alz.org/help_support/resources/helpline



MENTAL HEALTH & SUD RESOURCES

American Foundation for Suicide Prevention (AFSP) Capital Region

American Foundation for Suicide Prevention (AFSP) of the Capital Region focuses on eliminating the loss of life from suicide by delivering innovative prevention programs, educating the public about risk factors and warning signs and reaching out to those individuals who have lost someone to suicide.

Phone:
(518) 791-1544



Website:
www.afsp.org/

Backstretch Employee Service Team (BEST)

The Backstretch Employee Service Team provides both preventative and responsive healthcare to the backstretch workers of Saratoga. They consider a person's physical health in relationship to mental and social factors in order to promote a healthier lifestyle for all backstretch employees.

Phone:
(518) 587-3720



Website:
www.bestbackstretch.org



MENTAL HEALTH & SUD RESOURCES

Ballston Area Community Center

The Ballston Area Community Center provides essential community services, programs, support and projects that enhance the social, emotional and recreational development of youth and families of the Ballston Area.

Phone:
(518) 885-3261

Address:
20 Malta Ave.
Ballston Spa, NY 12020



Website:
www.ballstonareacc.org

Baywood Center

The Baywood Center specializes in the treatment of mental health and substance abuse, opioid addiction and alcoholism. The agency utilizes a person centered approach to identify the services most appropriate for each individual. Services include individual therapy, group therapy, specialized group therapy and medication assistance.

Phone:
(518) 798-4221

Address:
551 Bay Rd. #2,
Queensbury, NY 12804



Website:
www.recovery.org/providers/baywood



MENTAL HEALTH & SUD RESOURCES

Big Brothers Big Sisters of the Capital Region

The Big Brothers Big Sisters of the Capital region is a community Mentoring Program where adult volunteers are matched with children between ages 6 and 18. Program enrollees will spend time in the community, building friendships and enjoying everyday fun and activities.

Phone:
(518) 862-1250

Email:
info@bbbscr.org



Website:
www.bbbscr.org

Capital Counseling

Through experienced and compassionate individual counseling, supportive group counseling, and mental health education, Capital Counseling helps those who are struggling with mental and behavioral health issues to find answers, relief and permanent ways for coping with the challenges in life.

Phone:
(518) 462-6531

Address:
100 West Ave,
Saratoga Springs, NY 12866



Website:
www.capitalcounseling.org/



MENTAL HEALTH & SUD RESOURCES

Capital District Behavioral Health

Services are provided across all ages, from childhood to older adulthood. Assessment and treatment across a wide range of mental health issues and difficulties is provided. Sessions are available for individuals, couples and families.

Phone:
(518) 785-7283

Address:
20 Century Hill Dr,
Latham, NY 12110



Website:
www.cdbehavioralhealth.com/

Capital District Physicians' Health Plan, Inc

CDPHP members have access to licensed mental health professionals who can offer emotional support, crisis de-escalation, and assistance in connecting with providers and resources, free of charge. CDPHP partners with the area's preeminent psychologists, psychiatrists, social workers, therapists, and other mental health care experts for all mental health and substance use disorder needs.

Phone:
1-888-320-9584
Behavioral Health Access
Center & After-Hours Crisis
Hotline



Website:
www.cdphp.com/members/wellness/get-health-support/mental-health



MENTAL HEALTH & SUD RESOURCES

Capital District Psychiatric Center

Capital District Psychiatric Center provides inpatient psychiatric treatment and rehabilitation to patients who have been diagnosed with serious and persistent mental illnesses and for whom brief or short-term treatment in a community hospital mental health unit has been unable to provide symptom stability. CDPC has outpatient treatment services for children, adolescents, and adults.

CDPC also operates three adult community residences.

Phone:
(518) 549-6000

Address:
75 New Scotland Ave.
Albany, NY 12208



Website:
www.omh.ny.gov/omhweb/facilities/cdpc

Capital District YMCA

The Capital District YMCA provides health and wellness activities to promote strong mind, body and spirit.

Phone:
(518) 371-2139

Address:
1 Wall St.
Clifton Park, NY 12065



Website:
www.cdymca.org



MENTAL HEALTH & SUD RESOURCES

Captain Community Human Services

Captain Community Health Services offers family support services that provide respite and skill building, family support, special needs advocacy, pre-vocational and crisis services to children and youth with special needs. Captain also offers a family development empowerment-based mentoring program that provides guidance, advocacy, and support to individuals and families seeking to restore their sense of hope and healthy independence.

Locations:

**5 Municipal Plaza Suite 3
Clifton Park, NY 12065
(518) 371-1185**

**543 Saratoga Rd.
Glenville, NY 12302
(518) 399-4624**



Website:

www.captaincares.org

Catholic Charities –Saratoga County

Catholic Charities is a long standing community case management provider that offers a family counseling program, mentoring programs for children, and harm reduction services through drop in and by appointment.

**Phone:
(518) 587-5000**

**Address:
142 Regent St.
Saratoga Springs, NY 12866**



Website:

www.ccrda.org



MENTAL HEALTH & SUD RESOURCES

Center for Recovery

The Center for Recovery offers outpatient services including evaluations for substance use disorders, individual and family counseling, group therapy, medication assisted treatment and vocational services. Intensive outpatient treatment is available by arrangement according to clinical needs, up to five days per week.

Phone:
1-866-577-3836
Crisis Helpline

Address:
101 Ridge St.
Glens Falls, NY 12801
(518) 926-7200



Website:

www.bhsn.org/mental-health/center-for-recovery

Champlain Valley Physicians Hospital CVPH Child & Adolescent Psychiatry

The Champlain Valley Physicians Hospital child and adolescent inpatient psychiatry unit has 12 beds, all in private rooms with shared bathrooms.

The program is designed to help children and adolescents ages 6-18 who are having a crisis severe enough to impact their safety and/or the safety of others.

Phone:
(518) 562-7458

Address:
75 Beekman St.
Plattsburgh, NY 12901



Website:

www.cvph.org/Departments-and-Programs/Psychiatry/Child-and-Adolescent-Inpatient-Psychiatry



MENTAL HEALTH & SUD RESOURCES

Charlie Health

Charlie Health provides virtual intensive outpatient programming (IOP) which is typically more structured and intensive than traditional weekly therapy. Treatment is delivered to clients directly at home. Charlie Health treats anxiety disorders, depression, trauma, self-harm, substance use disorders, personality disorders, and more. Methods include individual and family therapy, IOP groups, art and music therapy, cognitive behavioral therapy (CBT), dialectical behavior therapy (DBT), and more.

Phone:
1-866-540-1828

Address:
**Virtual Intensive
Outpatient Programming
(IOP)**



Website:
www.charliehealth.com/

Child and Adolescent Psychiatric Evaluation Services

The Child and Adolescent Psychiatric Evaluation Services (CAPES) at Albany Medical Center recognize the emotional challenges faced by children and adolescents. CAPES specialize in treating patients suffering from psychiatric disorders and other illnesses.

Phone:
(518) 262-5511

Address:
**2 Clara Barton Dr.
Albany, New York 12208**

**1019 New Loudon Rd.
Cohoes, New York 12047**



Website:
www.amc.edu/patient/services/childrens-hospital/pediatric-psychiatry/index.cfm



MENTAL HEALTH & SUD RESOURCES

Children's Health Home of Upstate NY (CHHUNY)

The Children's Health Homes of Upstate New York (CHHUNY) was established to plan for and operate as a Health Home for Children. CHHUNY is using a model of care management based upon the belief that every family has strengths and that families are the natural and most effective drivers of their care.

Phone:
(855) 209-1142

Address:
2300 Buffalo Rd.
Building 500-B,
Rochester, NY 14624



Website:
www.childrenshealthhome.com

Chelsea Place Psychological, PLLC

Chelsea Place Psychological offers a range of consultation and evaluation services to meet the needs of all of clients. Services include developmental assessments, individual and group counseling.

Phone:
(518) 982-1886

Address:
6 Chelsea Pl. Suite 202,
Clifton Park, NY



Website:
www.chelseaplacepsych.com



MENTAL HEALTH & SUD RESOURCES

Clearwater Counseling

Clearwater Counseling is a team of clinicians who have extensive experience helping individuals and families with a wide variety of mental health needs, including anxiety, depression, grief and loss, anger management, impulse control problems, individuals with developmental disabilities and psychiatric conditions.

Phone:
(518) 245-6272

Address:
35 Bath Street
Ballston Spa, NY 12020



Website:
www.clearwaterpllc.com

Community Hospice

The Community Hospice provides free grief support services to those who have experienced the death of a family member or friend. Additional supports are available for schools and organizations, including trainings, groups, and remembrance services.

Phone:
(518) 724-0242
1-800-678-0711

Address:
445 New Karner Road,
Albany, NY 12205



Website:
www.communityhospice.org



MENTAL HEALTH & SUD RESOURCES

Conifer Park

Conifer Park has been treating substance use disorder and behavioral health since 1983. They offer a variety of services for patients and their families to help aid in the process of recovery. Conifer Park is happy to offer transportation to those entering the inpatient rehabilitation and detoxification services at the Glenville location, free of cost.

Phone:
(800) 989-6446

Address:
79 Glenridge Rd.
Glenville, NY 12302



Website:
www.coniferpark.com

Coordinated Opioid & Stimulant Treatment

Coordinated Opioid and Stimulant Treatment (COAST) is a network of substance use specialists in the Capital Region and Hudson Valley created to provide people with opioid and stimulant addiction the prevention, treatment, and recovery services that they need instantaneously. Funded by the Office of Addiction Services and Supports (OASAS) and coordinated by Capital Behavioral Health Network (CBHN), the COAST network was created to make getting help for opioid and stimulant addiction quicker and more accessible.

Phone:
(866) 930-4999

1-877-846-7369
NYS Hopeline



Website:
www.cbhnetwork.com/coast



MENTAL HEALTH & SUD RESOURCES

CPR Certification

Adirondack Health and Safety - www.adirondackhst.com

American Heart Association - www.cpr.heart.org/en

American Red Cross - www.redcross.org/take-a-class/cpr

Capital Safety Services - www.capitalsafetyservices.com

Various Saratoga County EMS Agencies - www.saratogaems.org

ECS Psychological Services

The mission of ECS Psychological Services is to provide a caring and supportive environment that personalizes treatment for each clients needs. They provide services for children, couples and family therapy, animal assisted therapy, group therapy, psychological evaluations, rapid resolution therapy, military services and bariatric services.

Phone:
(518) 580-0520

Address:
210 Church St.
Saratoga Springs, NY 12866



Website:
www.ecspsychological.com



MENTAL HEALTH & SUD RESOURCES

Ellis Hospital

Crisis services are offered in the hospital's Emergency Department 24 hours a day, 7 days a week to care for mental health patients in crisis.

Patients seeking crisis services have the option of being seen in person or by calling Ellis's Crisis Line.

Phone:
Child/Adolescent Outpatient Services: (518) 382-2290

Crisis/Inpatient Services:
(518) 243-4000

Address:
103 Sitterly Road,
Clifton Park NY 12065



Website:

www.ellismedicine.org/emergency/default.aspx

First Aid & Safety Training

Adirondack Health and Safety - www.adirondackhst.com

American Red Cross - www.redcross.org/take-a-class

Capital Safety Services - www.capitalsafetyservices.com

Various Saratoga County EMS Agencies - www.saratogaems.org



First Responder Resources

**Share The Load Fire/ EMS Helpline
1-888-731-FIRE (3473)**

**Safe Call Now
206-459-3020**

**Disaster Distress Helpline
1-800-985-5590
or text "TALKWITHUS" to 66746**

**Crisis Text Line
Text "HOME" or "BADGE" to 741741**

**Crew Care
www.crewcarelife.com**

Responding to disasters is both rewarding and challenging work. Sources of stress for emergency responders may include witnessing human suffering, risk of personal harm, intense workloads, life-and-death decisions, and separation from family. Stress prevention and management is critical for responders to stay well and to continue to help in the situation. There are important steps responders should take before, during, and after an event.



To learn more, visit: www.emergency.cdc.gov/coping/responders.asp



MENTAL HEALTH & SUD RESOURCES

Four Winds Hospital

Four Winds Hospitals provides inpatient and outpatient mental health treatment services for children, adolescents and adults. They acknowledge and honor the fundamental value of all individuals by embracing diversity and cultural differences.

Phone:
(518) 584-3600

Address:
30 Crescent Ave. Saratoga
Springs, NY 12866



Website:
www.fourwindshospital.com/about_four_winds/saratoga

Fusion Recovery

Fusion Recovery is a unique, evidence-based approach to outpatient medical substance abuse treatment, outpatient treatment programs, medication-assisted treatment, and clinical treatment to facilitate long term recovery. Fusion Recovery seeks to end the stigma of addiction treatment, diversify access to treatment services.

Phone:
(866) 348-4437

Address:
444 Broadway, Menands,
NY, 12204



Website:
www.fusionrecovery.com/

Glens Falls Center for Children and Families

The Glens Falls Center for Children and Families provides outpatient treatment services. Treatment includes dialectical behavior therapy, trauma therapy and cognitive behavioral therapy.

Phone:
(518) 926-7100

Address:
1 Lawrence St. #1,
Glens Falls, NY 12801



Website:
www.glensfallshospital.org



MENTAL HEALTH & SUD RESOURCES

Healing Springs Recovery Community Outreach Center

The Healing Springs Recovery Community & Outreach Center provides free programs for people in recovery from a substance use disorder and their families. They offer peer support, skill building, recreation, wellness education, employment readiness, and social activities in a safe, welcoming, and alcohol/drug free environment. The Center also provides information, education, and assistance to the community on how to access addiction treatment and will help people navigate complex insurance and treatment issues.

Phone:
(518) 306-3048

Address:
125 High Rock Ave.
Saratoga Springs, NY 12866



Website:
www.preventioncouncil.org/healingsprings

Heroin Anonymous

Heroin Anonymous (HA) is a fellowship of men and women who have found a better way of life, free from heroin addiction. Both in-person and online meetings are available.

Phone:
(518) 375-9811

Address:
362 State St.
Albany, NY 12210



Website:
www.heroinanonymous.org



MENTAL HEALTH & SUD RESOURCES

Helplines

Crisis Textline

Text HOME to 741741 to connect with a volunteer crisis counselor.

**LGBT National Youth Talkline
1-800-246-7743**

**LGBT National Senior Hotline
1-888-234-7243**

**The New York State HOPEline
Call 1-877-8-HOPENY(467369) or text HOPENY (467369).**

**SAMSA National Helpline
Treatment referral and information services.
Text your 5-digit ZIP Code to 435748 (HELP4U).**

**211 Information & Referral
Call 211 for mental health, substance use, crisis and
emergency assistance, housing services, food assistance &
more.**

**988 Suicide & Crisis Lifeline
Call or text 988 or chat [988lifeline.org](https://www.988lifeline.org) if you or a loved one
are in need of suicide crisis or mental health support.**



MENTAL HEALTH & SUD RESOURCES

Home & Community Based Services

Home and community based services (HCBS) provides opportunities for Medicaid beneficiaries to receive services in their own home or community rather than institutions or other isolated settings. These programs serve a variety of targeted populations groups, such as people with intellectual or developmental disabilities, physical disabilities, and/or mental illnesses.

Phone:
1-833-333-2937



Website:
www.medicaid.gov/medicaid/home-community-based-services/index.html

HPA Livewell

The goal at HPA/LiveWell is to help you live well while you stay connected to your world and the things in your life that make you who you are. Starting with an initial evaluation with a licensed clinician, they will work with you to create a treatment plan to match your specific goals and personal needs. Some of the mental health concerns that LiveWell can guide you through include, but are not limited to: eating disorders, anxiety, depression and mood disorders, ADHD, obsessive-compulsive disorder, and post-traumatic stress disorder. LiveWell provides a wide range of mental health services for the Capital District Region and for the entire state of New York through online therapy.

Phone:
518-218-1188

Address:
200 Great Oaks Blvd.
Suite 215
Albany, NY 12203



Website:
www.hpallivewell.com



MENTAL HEALTH & SUD RESOURCES

Karner Psychological Services

Karner Psychological Associates is a long-established outpatient mental health practice, serving the Capital District and larger tri-state area. They aim to provide patients with the highest quality therapeutic experience across a broad range of specialties.

Phone:
(518) 456-5056

Address:
634 Plank Rd. Suite 206
Clifton Park, NY 12065

2280 Western Ave.
Guilderland, NY 12084



Website:
www.karnercare.com

Kee to Independent Growth

Kee to Independent Growth offers both in home CIC and CPST services. Community Integration Counseling (CIC) is an individualized service designed to effectively manage the emotional difficulties associated with adjusting to and living in the community from an illness or after an injury. It is a counseling service provided to a participant coping with altered abilities and skills, the need to revise long term expectations, and changed roles in relation to significant others. Community Psychiatric Support and Treatment (CPST) is very similar; however it is offered for those suffering with mental illness, substance addiction or both via the Community Oriented Recovery Empowerment (CORE). These services are available to participants and/or anyone involved in an ongoing significant relationship with the participant.

Phone:
(518) 309-3557

Address:
P.O. Box 243
Ballston Spa, NY 12020



Website:
www.keetoindependentgrowth.com



MENTAL HEALTH & SUD RESOURCES

KM Psychiatry Associates

KM Associates can provide you with medication management to help you on your path of healing and recovery. The patient-centered, and integrative approach to providing psychiatric care will both challenge and embolden you to actively pursue change in your overall health and wellness.

Phone:
(518) 557-1712

Address:
4 Emma Lane
Suite 402
Clifton Park, NY 12065



Website:

www.kmpsychiatryassociates.com/contact

Mechanicville Area Community Services Center (MACSC)

MACSC's Youth Development Program offers educational and recreational activities after school, evenings and weekends, and during the summer. The Program is designed to help children learn, build their socialization skills and play while their parents are working and/or continuing their education.

Phone:
(518) 664-8322

Address:
6 S Main St,
Mechanicville, NY 12118



Website:

www.mechanicvilleacsc.org



MENTAL HEALTH & SUD RESOURCES

Mediation Matters

Mediation matters is a multi-faceted organization of volunteers and professionals dedicated to empowering individuals, communities and families to manage and resolve conflict. They offer a Peer Mediation programming that works to train and empower students to resolve interpersonal conflicts without violence and bullying.

Phone:
(518) 584-6361

Address:
480 Broadway, LL-32
Saratoga Springs, NY 12866



Website:
www.mediationmatters.org

Mental Health Association of New York State (MHANYS)

MHANYS is on a mission to improve the lives of individuals, families, and all communities in New York State by raising mental health awareness, ending stigma and discrimination, and promoting wellness and recovery. MHANYS offers services to those looking to become a mental health advocate, find resources, earn skill certifications, meet the mental health education needs of your community and much more.

Phone:
(518) 434-0439

Address: 1 Park Place,
Suite 300
Albany, NY 12205



Website:
www.mhanys.org/



MENTAL HEALTH & SUD RESOURCES

Mental Hygiene Legal Services

The Mental Hygiene Legal Service (MHLS) is a New York State agency responsible for representing, advocating and litigating on behalf of individuals receiving services for a mental disability.

Phone:
(518) 451-8710



Website:

www.nycourts.gov/ad3/mhls/index.html

Mohawk Valley Psychiatric Center

The Mohawk Valley Psychiatric Center provides quality, individualized psychiatric treatment and rehabilitation services that promote recovery. Evidence based psychiatric care is available for both children and adults. Services are designed to support the individual recovery process through psychiatric clinical services, rehabilitation, self-help/peer support services, and employment services.

Phone:
(315) 738-3800

Address:
1400 Noyes St.
Utica, NY 13502



Website:

www.omh.ny.gov/omhweb/facilities/mvpc



MENTAL HEALTH & SUD RESOURCES

Medication Disposal Drop Boxes

Corinth EMS

101 Sherman Ave, Corinth, NY 12822

CVS Pharmacy - Select Locations:

34 Congress St, Saratoga Springs, NY 12866

839 Rte. 146, Clifton Park, NY 12065

Mechanicville Police Department

36 N Main St #1, Mechanicville, NY 12118

Paul E. Lent Public Safety Facility

6012 County Farm Rd, Ballston Spa, NY 12020

Rite Aid

1701 Route 9, Clifton Park NY 12065

1483 Route 9 Clifton Park, NY 12065

3027 Route 50, Saratoga Springs NY 12866

Saratoga County Correctional Facility

6010 County Farm Rd, Ballston Spa, NY 12020

It is recommended to call the location to review what types of medications they accept before dropping them off.

To learn more, visit:

www.saratogacountyny.gov/departments/medication-disposal/



MENTAL HEALTH & SUD RESOURCES

Medication Disposal Drop Boxes

**Saratoga Hospital Emergency Center
211 Church St, Saratoga Springs, NY 12866**

**Saratoga Springs Police Department
5 Lake Ave, Saratoga Springs, NY 12866**

**Walgreens Pharmacy
3020 Rte. 50 Saratoga Springs, NY 12866
121 Old Route 146, Halfmoon NY 120654
94 Mainstreet, South Glens Falls NY 12803**

**Waterford Police Department
65 Broad Street, Waterford NY 12118**

It is recommended to call the location to review what types of medications they accept before dropping them off.

To learn more, visit:
www.saratogacountyny.gov/departments/medication-disposal/



Naloxone

Healing Springs Recovery Community Center
(518) 306-3048
125 High Rock Avenue, Saratoga Springs, NY 12866
Website: www.preventioncouncil.org/healingsprings

Medication for Addiction Treatment and Electronic Referrals
(MATTERS)
(765) 628-8377
Website: www.mattersnetwork.org/harmreduction

Saratoga County Department of Health
(518) 584-7460
6012 County Farm Road, Ballston Spa, NY 12020
Website: www.saratogacountyny.gov/narcan



Naloxone Box* Locations

**Ballston Spa Public Library
21 Milton Avenue, Ballston Spa, NY 12020**

**Clifton Park-Halfmoon Public Library
475 Moe Road, Clifton Park, NY 12065**

**Corinth Free Library
89 Main St, Corinth, NY 12822**

**Galway Public Library
2112 East Street, Galway, NY 12074**

**Mechanicville Public District Library
190 N Main Street, Mechanicville, NY 12118**

**RISE Adelphi Street Shelter
4 Adelphi Street, Saratoga Spring, NY 12866**

**Round Lake Library
1 Bayberry Dr, Ballston Spa, NY 12020
31 Wesley Avenue, Round Lake, NY 12151**

Naloxone Box Map

***Inspired by the life-saving concept of Automated External Defibrillators (AEDs), the Naloxone Box serves as a public emergency intervention tool designed to house multiple, free, prepackaged doses of nasal naloxone spray to improve the capacity of bystanders in order to save the lives of those experiencing an opioid overdose. Each Naloxone Box contains several doses of nasal naloxone (Narcan) spray and other life-saving resources. The contents of the Naloxone Box are free and open to the public.**



Naloxone Box* Locations

**Saratoga Performing Arts Center
108 Avenue of the Pines, Saratoga Springs, NY 12866**

**Saratoga Springs Public Library
49 Henry Street, Saratoga Springs, NY 12866**

**Schuylerville Public Library
52 Ferry Street, Schuylerville, NY 12871**

**Shelters of Saratoga
14 Walworth St, Saratoga Springs, NY 12866**

**Stillwater Public Library
712 Hudson Ave, Stillwater, NY 12170**

**Town of Ballston Community Library
2 Lawmar Ln, Burnt Hills, NY 12027**

**Waterford Public Library
117 Third Street, Waterford, NY 12188**

Naloxone Box Map

*Inspired by the life-saving concept of Automated External Defibrillators (AEDs), the Naloxone Box serves as a public emergency intervention tool designed to house multiple, free, prepackaged doses of nasal naloxone spray to improve the capacity of bystanders in order to save the lives of those experiencing an opioid overdose. Each Naloxone Box contains several doses of nasal naloxone (Narcan) spray and other life-saving resources. The contents of the Naloxone Box are free and open to the public.



MENTAL HEALTH & SUD RESOURCES

National Alliance for the Mentally Ill (NAMI)

NAMI-NYS is the state organization of the National Alliance on Mental Illness, the nation's largest grassroots organization for people with mental illness and their families. NAMI-NYS provides support to family and friends of individuals with mental illness and persons living with mental illnesses through more than 50 affiliates statewide.

Phone:
(518) 462-2000

NAMI-NYS HELPLINE
518-245-9160



Website:
www.naminys.org

New Choices Recovery Center

New Choices Recovery Center, through its caring responsive staff, provides innovative and comprehensive addiction treatment services that enhance the quality of life for the individuals and the community. Services include outpatient clinical medication services, gambling recovery, impaired driver program, outreach and engagement services for Saratoga County, residential services, and substance use prevention.

Phone:
(518) 346-4436

Address:
728 State Street
Schenectady, NY 12307



Website:
www.newchoicesrecovery.org/site



MENTAL HEALTH & SUD RESOURCES

New Mercies Sober Living Residence of Saratoga

New Mercies Sober Living Residence (SLR) of Saratoga is a structured Level 2 residence for males over the age of 18.

New Mercies provides a supportive environment for individuals in recovery post in- or out- patient detox by offering the perfect blend of structure and community-based living. New Mercies opens their doors to those experiencing homelessness, individuals on probation or parole, and those experiencing credit challenges or financial constraints preventing apartment affordability. At New Mercies, all essentials are covered so residents can focus on becoming their best selves.

**Phone:
(646) 920-2638**

**Address:
Saratoga Springs, NY**



New Paradigm Psychological Services, PLLC

New paradigm is a psychological practice that focuses in forensic psychology with a current specialization in dealing with populations that have committed sexual offenses or have sexual problems.

**Phone:
(518) 729-3953**

**Address:
845 Central Ave.
Albany, NY 12206**



**Website:
www.np-psych.com**



MENTAL HEALTH & SUD RESOURCES

New York Child Psychiatry

The mission is to provide the highest quality of comprehensive mental health care and education services for at-risk children, adolescents, families and our community. Through an individualized treatment approach, children and adolescents are served to reach their full potential.

Phone:
(518) 855-1984

Address:
28 Clinton St,
Suite #8,
Saratoga Springs, NY 12866



Website:
www.newyorkcp.com/

NY Presbyterian Hospital Center for Eating Disorders

The Eating Disorders Center of NY Presbyterian Hospital is designed to help individuals with eating disorders work toward recovery in a comfortable and supportive environment. Patients benefit from the most recent clinical research findings and advances in the treatment of eating disorders such as anorexia and bulimia nervosa.

Phone:
(888) 694-5700

Address:
21 Bloomingdale Rd.
White Plains, NY 10605



Website:
[www.nyp.org/psychiatry/
center-for-eating-disorders](http://www.nyp.org/psychiatry/center-for-eating-disorders)



MENTAL HEALTH & SUD RESOURCES

Northeast Problem Gambling Resource Center

The Northeast Problem Gambling Resource Center is a program of the New York Council on Problem Gambling, which is funded by the New York State Office of Addiction Services and Supports. At Northeast PGRC, the goal is to address problem gambling within the Northeastern region of New York by raising public awareness and connecting individuals, families, and communities adversely impacted to support and services.

Phone:
(833) 437-3864



Website:
www.nyproblemgamblinghelp.org

Northeast Psychological Associates

Northeast Psychological Associates is a private behavioral health practice, located in the Capital Region in New York State, staffed by licensed psychologists, certified clinical social workers and licensed mental health counselors. Treatment services are available for adults, adolescents, and children.

Phone:
(518) 456-2060

Address:
435 New Karner Rd.
Albany, NY 12205



Website:
www.nepsych.com



MENTAL HEALTH & SUD RESOURCES

Northern Rivers

Northern Rivers Family of Services empowers children, adults, and families to change their lives and build stronger communities. They provide a behavioral health center, school-based behavioral health, Assertive Community Treatment (ACT), Home Based Crisis Intervention (HBCI), and prevention and Family Intervention services.

Phone:
(518) 426-2600
General number

(518) 292-5499
Immediate Crisis Support

Address:
653 Plank Rd.
Clifton Park, NY 12065

Behavioral Health Center
2452 U.S. Route 9 Suite 206
Malta, NY 12020

Unlimited Potential
36 Cady Hill Boulevard
Saratoga Springs, NY 12866



Website:
www.northernrivers.org



MENTAL HEALTH & SUD RESOURCES

Office of Addiction Services and Supports (OASAS)

The New York State Office of Addiction Services and Supports (OASAS) oversees one of the nation's largest Substance Use Disorder systems of care with approximately 1,700 prevention, treatment and recovery programs serving over 680,000 individuals per year. This includes the direct operation of 12 Addiction Treatment Centers where doctors, nurses, and clinical staff provide inpatient and residential services to approximately 8,000 individuals per year. OASAS is the single designated state agency responsible for the coordination of state-federal relations in the area of addiction services.

Phone:
(518) 473-3460



Website:
www.omh.ny.gov

Office of Mental Health (OMH)

The Office of Mental Health (OMH) operates psychiatric centers across the State to promote the mental health of all New Yorkers. The mission of OMH is to promote the mental health of all New Yorkers, with a particular focus on providing hope and recovery for adults with serious mental illness and children with serious emotional disturbances. The Suicide Prevention Center of New York State (SPCNY), under OMH, offers additional tools, information and resources to help prevent suicides.

Phone:
(845) 454-8229



Website:
www.omh.ny.gov



MENTAL HEALTH & SUD RESOURCES

Osika and Scarano Psychological Services

A full-service mental and behavioral health practice of dedicated, experienced providers who believe in working with clients to maintain and improve their mental and behavioral health.

Phone:
(518) 744-7302

Address:
One Broad Street Plaza
125 Broad St,
Glens Falls, NY 12801



Website:
www.ospsychservices.com/

Parsons Behavioral Health Centers

The Parsons Behavioral Health Center through Northern Rivers provides outpatient mental health treatment services individuals with emotional and behavioral challenges.

Phone:
(518) 292-5433

Address:
2452 U.S. Rt. 9 Suite 206
Malta, NY 12020



Website:
www.northernrivers.org/behavioral-health-centers



MENTAL HEALTH & SUD RESOURCES

Parsons Home Based Crisis Intervention (HBCI)

The Parsons Home-Based Crisis Intervention (HBCI) program through Northern Rivers is an intensive 4- to 6-week in-home service available to families. Therapists are on call 24/7 to help families manage crisis and provide support. The program is committed to strengthening relationships while empowering and educating children and their families in enhancing problem-solving skills. The program helps maintain healthy family functioning in a safe environment.

Phone:
(518) 292-5433



Website:
www.northernrivers.org/home-based-crisis-intervention

Parsons OnTrack NY

Parsons OnTrack NY through Northern Rivers supports young people who have recently began experiencing symptoms of psychosis and helps them return to living the life that is most aligned with their desired goals as quickly as possible. OnTrackNY collaboratively works with young people in achieving their education and/or employment goals, maintain healthy relationships, and improve life satisfaction

Phone:
(518) 292-5451



Website:
www.northernrivers.org/on-track-ny

Rehabilitation Support Services

Rehabilitation Support Services (RSS) includes NYS Office of Mental Health residential group homes, supported apartment living, supported employment and affirmative businesses, care coordination, personalized recovery oriented services, treatment, crisis services/respite services, and wellness centers.

Phone:
(518) 464-1511



Website:
www.rehab.org



MENTAL HEALTH & SUD RESOURCES

RISE Housing and Support Services

RISE programs provide safe, healthy housing and support services to people with mental health concerns, substance use, and other life challenges.

Phone:
(518) 587-6193

Address:
127 Union St.
Saratoga Springs, NY 12866



Website:
www.riseservices.org

Saratoga Center for the Family

Saratoga Center for the Family offers a wide range of services focusing on mental health, anger management, parenting programs, child custody stress prevention programs, keeping children safe, physical and sexual abuse, behavioral interventions, and attention disorders, and child advocacy.

Phone:
(518) 587-8008

Address:
359 Ballston Ave.
Saratoga Springs, NY 128665



Website:
www.saratogacff.org



MENTAL HEALTH & SUD RESOURCES

Saratoga Counseling Solutions

Saratoga Counseling Solutions provides individual, couples, and family therapy and works with children, adolescents, adults, and seniors.

Phone:
(518) 490-6429

Address:
**77a Excelsior Ave,
Saratoga Springs, NY 12866**



Website:
www.melissamccabe.com/

Saratoga Community Health Center

The Saratoga Community Health Center provides high quality, primary, dental, behavioral and addiction medicine health services to members of the community, regardless of their insurance status and ability to pay. Social workers are also available to assist patients and their families.

Phone:
(518) 886-5600

Address:
**24 Hamilton St.
Saratoga Springs, NY 12866**



Website:
www.saratogacommunityhealthcenter.org/?utm_source=local-listing&utm_medium=organic&utm_campaign=website-link



MENTAL HEALTH & SUD RESOURCES

Saratoga County Alcohol & Substance Abuse Services

Saratoga County Alcohol and Substance Abuse Services is a medically supervised outpatient program providing treatment for individuals suffering from an alcohol and/or drug program and for family members trying to cope with the presence of alcohol or drug problems within the family. Treatment is designed to promote abstinence, to improve community integration, and to improve daily functions. Services include: Screening, referral, assessment, and individual and group counseling.

Phone:
(518) 587-8800

Address:
254 Church St.
Saratoga Springs, NY 12866



Website:

www.nyconnects.ny.gov/providers/saratoga-county-alcohol-and-substance-abuse-services-sofarensap284



MENTAL HEALTH & SUD RESOURCES

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The Saratoga Community Health Center provides high quality, primary, dental, behavioral and addiction medicine health services to members of the community, regardless of their insurance status and ability to pay. Social workers are also available to assist patients and their families.

Phone:
(518) 886-5600

Address:
24 Hamilton St.
Saratoga Springs, NY 12866



Website:

www.saratogacommunityhealthcenter.org/?utm_source=local-listing&utm_medium=organic&utm_campaign=website-link

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Phone:
(518) 587-8800

Address:
254 Church St.
Saratoga Springs, NY 12866



Website:

www.nyconnects.ny.gov/providers/saratoga-county-alcohol-and-substance-abuse-services-sofarensap284



MENTAL HEALTH & SUD RESOURCES

Saratoga County Department of Mental Health & Addiction Services

The mission of Saratoga County Department of Mental Health & Addiction Services is to provide outpatient mental health and alcohol/drug treatment services that are accessible and responsive to the needs of persons suffering from mental illness and/or alcohol/drug problems, their families, and the community.

Phone:
(518) 584-9030

Address:
135 S Broadway,
Saratoga Springs, NY 12866



Website:

www.saratogacountyny.gov/departments/mental-health-center

Saratoga County Personalized Recovery Oriented Services (PROS)

Saratoga County PROS is a comprehensive, individualized, recovery based program that offers rehabilitation, support, and treatment services under one roof. PROS serves adults (over 18) with a mental illness diagnosis who have a functional disability that interferes with their ability to live a fulfilling life. The purpose of PROS is to help participants take control of their own lives by teaching the skills necessary to overcome the mental, emotional, behavioral, and social barriers resulting from mental illness and addiction.

Phone:
(518) 885-4521

Address:
135 South Broadway,
Saratoga Springs, NY, 12866



Website:

www.saratogacountyny.gov/departments/mental-health-center/#:~:text=Personalized%20Recovery%20Oriented%20Services&text=PROS%20services%20are%20person%20centered,competitive%20employment%20in%20the%20community



MENTAL HEALTH & SUD RESOURCES

Saratoga County Veterans Service Agency

The Saratoga County Veterans Service Agency assists Veterans and their families with securing earned benefits and services through quality customer service and advocacy. The Saratoga Veterans Peer to Peer Program provides an opportunity for local Veterans who have reintegrated to civilian life to assist fellow Veterans who may experience post-traumatic stress disorder (PTSD) or other re-acclimation challenges. Personalized and informal, these pairings yield relationships intended to ease the transition from military to civilian life.

Phone:
(518) 884-4999

Address:
2144 Doubleday Ave.
Ballston Spa, NY 12020



Website:
www.veteranspeertopeer.org

Saratoga Hospital

Saratoga Hospital Medical Group – Mental Health and Behavioral Health programs provide the foremost in compassionate, confidential care with individualized psychiatric and behavioral health treatment options delivered in safe, supportive environments.

Phone:
(518) 587-3222

Address:
211 Church St.
Saratoga Springs, NY 12866



Website:
www.saratogahospital.org



MENTAL HEALTH & SUD RESOURCES

Saratoga Mentoring -A program of Catholic Charities

The Saratoga Mentoring Program matches caring adult volunteers with children from challenging life circumstances. Mentors and kids spend a couple of hours a week together, building a friendship and having fun. Mentors are there to listen, guide and be a friend.

Phone:
(518) 581-1487

Address:
368 Broadway Suite 16
Saratoga Springs, NY 12866



Website:
www.saratogamentoring.org

Saratoga Psychological Associates

Saratoga Psychological Associates provides comprehensive treatment to children, adolescents, adults, couples and families who are undergoing situational stresses or more long-standing problems.

Phone:
(518) 587-0499

Address:
63 Franklin St.
Saratoga Springs, NY 12866

632 Plank Rd.
Clifton Park, NY 12065



Website:
www.saratogapsych.com



MENTAL HEALTH & SUD RESOURCES

Saratoga Regional YMCA

The Saratoga Regional YMCA provides health and wellness activities to promote strong mind, body and spirit.

Locations:

119 Gabriel Rd.
Corinth, NY 12822
(518) 583-9697

10 Medical Park Dr.
Ballston Spa, NY 12020
(518) 583-9623

290 West Ave.
Saratoga Springs, NY 12866
(518) 583-9622

20 Old Gick Rd.
Saratoga Springs, NY 12866
(518) 587-3000



Website:

www.srymca.org

Saratoga Stress Reduction Program

The Saratoga Stress Reduction Program is an eight-week mindfulness-based stress reduction course.

Phone:
(518) 581-3180

Address:
58 Henry St.
Saratoga Springs, NY 12866



Website:

www.oneroofsaratoga.com



MENTAL HEALTH & SUD RESOURCES

Second Chance Opportunities

Second Chance Opportunities is a Janitorial Company that employs individuals in Recovery from substance use disorder. They also offer financial rehabilitation, recovery coaching, housing opportunities, medical referrals, and community engagement.

Phone:
(518) 489-1929

Address:
**55 Colvin Avenue,
Albany, NY 12206**



Website:
www.scoalbany.com

Sharps Disposal Kiosks

Corinth EMS

101 Sherman Ave, Corinth, NY 12822

Saratoga Hospital Emergency Center

211 Church St, Saratoga Springs, NY 12866

Saratoga Springs Housing Authority

1 S Federal St, Saratoga Springs, NY 12866

SPARC Saratoga -St. Peter's Addiction Recovery Center

SPARC provides outpatient services for individuals with substance addiction. The program includes 12-step meetings, group therapy, and family support and trauma recovery groups.

Phone:
(518) 885-6884

Address:
**125 High Rock Ave.
Saratoga Springs, NY 12866**



Website:
www.sphcs.org/AddictionRecoverySPARC



MENTAL HEALTH & SUD RESOURCES

St. Peter's Addiction Recovery Services

St. Peter's Hospital treats alcohol and drug addiction crises in emergency departments throughout the Capital Region. Physicians and nurses will stabilize symptoms, arrange for detox or medically managed detox if needed, keep you as safe and comfortable as possible during withdrawal, assess your mental health and support your family and loved ones. For patients that need to stay in the hospital during part of their recovery, St. Peter's offers two inpatient rehab centers.

Locations:

2215 Burdett Ave.
Troy, New York 12180

Inpatient Phone:
(518) 271-3390

Outpatient Phone:
(518) 268-5005

1300 Massachusetts Ave.
Troy, New York 12180



Website:

www.sphp.com/find-a-service-or-specialty/addiction

Test Strips: Fentanyl & Xylazine

Healing Springs Recovery Community Center
125 High Rock Avenue, Saratoga Springs, NY 12866
(518) 306-3048

Website: www.preventioncouncil.org/healingsprings

Medication for Addiction Treatment and Electronic Referrals
(MATTERS)

(765) 628-8377

Website: www.mattersnetwork.org/harmreduction

Saratoga County Department of Health
6012 County Farm Road, Ballston Spa, NY 12020
(518) 584-7460

Website: www.saratogacountyny.gov/narcan



MENTAL HEALTH & SUD RESOURCES

The NYS Community Health Access to Addiction & Mental Healthcare Project (CHAMP)

CHAMP is designed to help individuals and their families resolve issues in accessing substance use disorder and mental health services.

Phone:
(888) 614-5400



Website:
www.cssny.org/programs/entry/champ

The Prevention Council

The Alcohol and Substance Abuse Prevention Council of Saratoga County, is a nonprofit, community-based organization working to prevent alcohol, drug and other substance abuse throughout Saratoga County. Their mission is to provide education, information and referral services on the subjects of alcohol, tobacco, other drug and violence prevention to individuals and local communities.

Phone:
(518) 581-1230

Address:
125 High Rock Ave. #107,
Saratoga Springs, NY 12866



Website:
www.preventioncouncil.org

Therapeutic Horses of Saratoga

THS partners with ECS Psychological Services, PC, and other local clinicians to provide Equine-Assisted Therapy. Individual, family, couples, and veteran's services are available. All clients must be enrolled with ECS Psychological Services to register. To schedule with a therapist, contact ECS Psychological Services at 518-580-0520.

Phone:
(518) 290-6240

Address:
55 Colvin Avenue,
Albany, NY 12206



Website:
www.thsaratoga.org



MENTAL HEALTH & SUD RESOURCES

Tobacco & Vaping Resources

Drop The Vape

**Text-based quit vaping program (free & anonymous).
Youth & Young Adults can text "DropTheVape" to 88709.
Parents: Text "QUIT" to 202-899-7550 to receive daily advice to help
youth quit.**

Not On Tobacco (N-O-T)

**A free online program offered by the American Lung Association to
help teens quit nicotine, including vaping, smoking, and other tobacco
products.**

Website: www.notforme.org/

NYS Smokers' Quitline

Call: 1-866-NY-QUITS (1-866-697-8487).

Text: 716-309-4688.



MENTAL HEALTH & SUD RESOURCES

True North

True North is an integrative health community located in the beautiful Glens Falls region of upstate New York. It is comprised of a group of experienced and dedicated practitioners who strive to provide the best possible services to their clients, to each other, and to the community.

Phone:
(518) 798-9187

Address:
499 Glen St.
Glens Falls, NY 12801



Website:

www.truenorthat499glen.com/contact

Turning Leaf Mental Health Counseling SVCS. PLLC

Turning Leaf offers telehealth and in-person counseling services for children, teens, adults, families and couples in a variety of specialty areas including anxiety, depression, PTSD, trauma, Attention-Deficit / Hyperactivity Disorder (ADHD), Autism Spectrum Disorder and more.

Phone:
(518) 338-3117

Address:
5 Warren Street,
Suite 209,
Glens Falls, NY 12801



Website:

www.turningleafcounselingsvcs.com/about



MENTAL HEALTH & SUD RESOURCES

Union Street Counseling

Union Street Counseling offers psychological and psychiatric assessments, counseling services and supervised therapeutic visitations.

Phone:
(518) 289-5072

Address:
5 Hemphill Pl.
Malta NY, 12020



Website:
www.uscs.info

Wellspring

Wellspring is the domestic violence and sexual assault services resource for Saratoga County residents. They support survivors by providing emergency shelter, a 24-hour hotline & live chat, counseling, long-term housing assistance, case management and much more.

Phone:
(518) 583-0280
Office
518-584-8188
24/7 crisis line

Address:
2816 US-9,
Malta, NY 12020



Website:
www.wellspringcares.org

