






SARATOGA COUNTY DEPARTMENT OF AGING & YOUTH SERVICES-January 2025
GATHER & DINE/HOME DELIVERED MEALS 518-363-4020

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Closed 	2 Chicken Marsala Parmesan Noodles Peas WW Dinner Roll Mandarin Oranges	3 New Year's Special Ham w/Cranberry Mustard Sauce Au Gratin Potatoes Green Beans Dinner Roll Blueberry Pie 
6 Chicken and Biscuit Broccoli Butternut Squash Shortbread Cookies	7 Fiesta Meatloaf Mashed Potatoes Mixed Vegetables WW Dinner Roll Applesauce	8 Breaded Fish Tartar Sauce Home Fries Carrots Corn Muffin Fresh Orange	9 Shepherd's Pie Spinach Warm Cranberry Crunch Pears	10 Eggplant Parmesan Pasta w/Marinara Sauce Asparagus Vegetable Medley WW Dinner Roll Mandarin Oranges
13 Cubed Pork & White Bean Casserole Broccoli Warm Apple Crisp WW Dinner Roll	14 Turkey Divan Mashed Potatoes Butternut Squash WW Dinner Roll Applesauce	15 LS Ham & Swiss on Bun Mustard Three Bean Salad Marinated Carrots Mandarin Oranges	16 Meatballs In Sauce Pasta w/Sauce Vegetable Trio Yogurt	17 Beef & Broccoli Rice Pilaf Green & Wax Beans Fruit Cocktail
20 Closed 	21 Baked Chicken w/Gravy Mashed Sweet Potato Vegetable Trio WW Dinner Roll SF Chocolate Cookies	22 Birthday Special Sliced Pork w/Gravy Mashed Potatoes Beets Frosted Cake 	23 Italian Stew Egg Noodles Green Beans WW Dinner Roll SF Vanilla Pudding	24 Tuna Noodle Casserole Peas & Carrots Broccoli Corn Muffin Banana
27 Meatloaf w/Gravy Mashed Potatoes Asparagus Vegetable Medley Shortbread Cookies	28 Ranch Chicken Oven Roasted Potatoes California Blend Vegetables Corn Muffin Peaches	29 Tuna Salad on Bun Macaroni Salad Marinated Green Beans LS Potato Chips Banana	30 Beef Pot Roast w/Gravy Mashed Sweet Potatoes Mixed Vegetables Applesauce	31 Pasta Bake w/Meat Sauce Broccoli Warm Berry Crisp WW Dinner Roll

Menu Subject To Change

Coffee, Tea and Butter are served daily at sites. If you have a food allergy, please notify our staff. Allergen information for the menu is available. Please contact Saratoga County Department of the Aging & Youth Services for more details. The suggested contribution is \$2 per meal. There is a \$8 fee for guests under the age of 60. Please make checks payable to: **Saratoga County Treasurer, c/o Saratoga County Department Of Aging & Youth Services, 152 West High Street, Ballston Spa, NY 12020**